

GIRLS AGES 8-17



embrace
who you
are
love
who you
are
succeed
where you
are

REGISTER NOW FOR WONDERFULLY ME



A GIRLS' EMPOWERMENT PROGRAM

A Girls' Empowerment and Mentor Program
in Chester County, PA and Wake County, NC
and their surrounding areas

Girls will come together in a safe space to address many of their shared challenges when dealing with school, family and relationships. They will learn about themselves and gain tools that help them make positive decisions so they can become empowered, resilient, and compassionate women.

Activities and topics include:

- friendships
- self-expression
- strengthen confidence and self-esteem
- healthy relationships
- social media
- body acceptance
- developing and practicing coping skills
- decision making
- goal setting
- life skill lessons

DATES:

September 21, 2024 - June 21, 2025
(Monthly Sessions)

TIME: 10am - 12:15pm

LOCATION: Will be notified

VIRTUAL ORIENTATION:

New parents/guardians are required to attend a virtual orientation

Questions or to Register for
Wonderfully Me:

Register at:

www.wonderfullyme.info
or Call 484-713-8254

Scan me
→

